

Sample Result Sheet

InBody® 370S

Body Composition Analysers

InBody®

Body Composition Analysers

[InBody370S]

ID	Height	Age	Gender	Test Date / Time
1	193cm	39	Male	29.06.2017 14:54

BODY COMPOSITION ANALYSIS

	Values	Total BodyWater	Soft Lean Mas	Fat Free Mass	Weight
Total BodyWater (L)	60.2 (46.1-56.3)	60.2	77.4 (59.2-72.4)	82.1 (62.7-76.6)	99.0 (69.6-94.2)
Protein (kg)	16.2 (12.3-15.1)	non-osseous			
Minerals (kg)	5.69 (4.27-5.21)				
Body Fat Mass (kg)	16.9 (9.8-19.7)				

InBody Score

97/100 Points

Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	96.6 kg
Weight Control	-2.4 kg
Fat Control	-2.4 kg
Muscle Control	0.0 kg

Nutrition Evaluation

Protein	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Minerals	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient
Body Fat	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient <input type="checkbox"/> Excessive

Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced

Segmental Circumference

Neck	42.2 cm
Chest	113.6 cm
Abdomen	100.2 cm
Hip	105.3 cm
Right Arm	36.5 cm
Left Arm	36.4 cm
Right Thigh	57.0 cm
Left Thigh	56.8 cm

Waist-Hip Ratio

0.95

Visceral Fat Level

Level 8

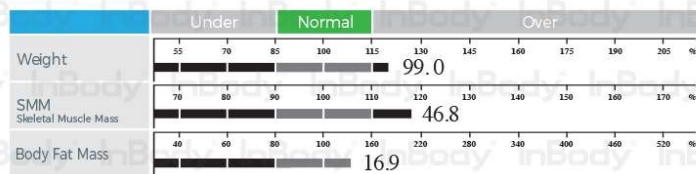
Research Parameters

Basal Metabolic Rate	2143 kcal
Waist-Hip Ratio	0.95 (0.80 ~ 0.90)
Waist Circumference	100.2 cm
Bone Mineral Content	4.7 kg (3.51 ~ 4.29)

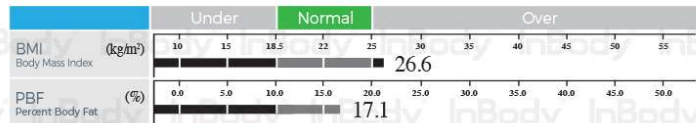
Impedance

	RA	LA	TR	RL	LL
Z ₀ 20 kHz	302.4	301.4	21.7	277.6	273.8
50 kHz	257.7	257.6	17.5	243.1	239.3
250 kHz	228.2	228.1	14.0	220.7	217.6

MUSCLE-FAT ANALYSIS



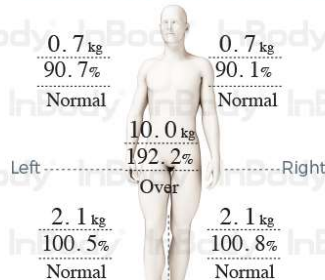
CALCULATED ANALYSIS



SEGMENTAL LEAN ANALYSIS



SEGMENTAL FAT ANALYSIS



BODY COMPOSITION HISTORY

	29.06.17 14:54			
Weight (kg)	99.0			
SMM (kg)	46.8			
PBF (%)	17.1			